



SCHOOL LUNCHES WEEKS 1 - 5

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
OPTION 1	<i>Homemade Margherita Pizza Served with herb diced potatoes and sweetcorn</i>	<i>Fishcake Served with jacket wedges and peas</i>	<i>Roast Chicken Served with sage & onion stuffing, roast potatoes, seasonal vegetables, gravy</i>	<i>Homemade Lasagne Served with garlic bread & mixed salad</i>	<i>Homemade Pasta Bake with a ham & cheese sauce served with mixed salad</i>
OPTION 2 (Vegetarian)	<i>Homemade Margherita Pizza Served with herb diced potatoes and sweetcorn</i>	<i>Homemade Vegetable Tart (v) Served with jacket wedges and peas</i>	<i>Quorn Chicken Fillet Served with sage & onion stuffing, roast potatoes, seasonal vegetables, gravy (v)</i>	<i>Homemade Vegetable Lasagne (v) Served with garlic bread & mixed salad</i>	<i>Homemade Vegetable Pasta Bake with a tomato & cheese sauce (v) served with a mixed salad</i>
OPTION 3 (Baked Potatoes & Fresh Filled Baguettes)	<i>Baked Potato/Fresh Baguette Served with cheese/coleslaw/salad</i>	<i>Baked Potato/Fresh Baguette Served with tuna/cheese/salad</i>	<i>Baked Potato/Fresh Baguette Served with cheese/coleslaw/salad</i>	<i>Baked Potato/Fresh Baguette Served with baked beans / cheese / salad</i>	<i>Baked Potato/Fresh Baguette Served with tuna/cheese/salad</i>
PUDDING OF THE DAY	<i>Fruit Yoghurt</i>	<i>Fruit Jelly</i>	<i>Freshly Cut Fruit</i>	<i>Chocolate Mousse</i>	<i>Ice Cream</i>

Fresh mixed salad, fresh wholemeal bread, fresh fruit and water will be available daily



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
OPTION 1	<i>Sausages Served with a hash brown & baked beans</i>	<i>Roast Turkey Served with sage & onion stuffing, roast potatoes, seasonal vegetables & gravy</i>	<i>Homemade Spaghetti Bolognese served with garlic bread Salad</i>	<i>Chicken Korma Served with rice, peas and poppadoms</i>	<i>Homemade Cottage Pie Served with seasonal vegetables & gravy</i>
OPTION 2 (Vegetarian)	<i>Vegetarian Sausages served with a hash brown & baked beans (v)</i>	<i>Vegetable Rissolle with sage & onion stuffing, roast potatoes, seasonal vegetables & gravy (v)</i>	<i>Vegetarian Spaghetti Bolognese (v) served with garlic bread Salad</i>	<i>Vegetable Korma Served with rice, peas and poppadoms</i>	<i>Homemade Vegetable Cottage Pie (v) Served with seasonal vegetables & gravy</i>
OPTION 3 (Baked Potatoes & Fresh Filled Baguettes)	<i>Baked Potato/Fresh Baguette cheese/baked beans/salad</i>	<i>Baked Potato/Fresh Baguette Served with tuna/cheese/ salad</i>	<i>Baked Potato/Fresh Baguette Served with cheese/coleslaw/ salad</i>	<i>Baked Potato/Fresh Baguette Served with egg/cheese coleslaw/salad</i>	<i>Baked Potato/Fresh Baguette Served with cheese/ coleslaw/salad</i>
PUDDING OF THE DAY	<i>Fruit Yoghurt</i>	<i>Homemade Banana Cake</i>	<i>Homemade Shortbread</i>	<i>Ice Cream</i>	<i>Homemade Chocolate Flapjack</i>

Fresh mixed salad, fresh wholemeal bread, fresh fruit and water will be available daily



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
OPTION 1	<i>Homemade Beef Hotpot Served with seasonal vegetables</i>	<i>Pasta Twirls Served with a tomato sauce and a tossed salad</i>	<i>Spanish Chicken Paella & mixed salad</i>	<i>Chilli Con Carne Served with rice, sweetcorn and tortilla chips</i>	<i>Sausages Served with creamy mash, peas and gravy</i>
OPTION 2 (Vegetarian)	<i>Homemade Vegetable Hotpot (v) Served with seasonal vegetables</i>	<i>Pasta Twirls Served with a tomato sauce and a tossed salad (v)</i>	<i>Spanish Vegetable Paella & mixed salad</i>	<i>Vegetarian Chilli Con Carne (v) Served with rice and tortilla chips</i>	<i>Vegetarian Sausages & creamy mash (v) Served with peas & gravy</i>
OPTION 3 (Baked Potatoes & Fresh Filled Baguettes)	<i>Baked Potato/Fresh Baguette Served with cheese/baked beans/salad</i>	<i>Baked Potato/Fresh Baguette Served with tuna/cheese/salad</i>	<i>Baked Potato/Fresh Baguette Served with cheese/coleslaw/salad</i>	<i>Baked Potato/Fresh Baguette Served with chilli con carne/cheese/salad</i>	<i>Baked Potato/Fresh Baguette Served with cheese/tuna/salad</i>
PUDDING OF THE DAY	<i>Fruit Jelly</i>	<i>Eton Mess Crushed meringue with fruit and whipped cream</i>	<i>Magdalenas</i>	<i>Fruit Yoghurt</i>	<i>Ice Cream</i>

Fresh mixed salad, fresh wholemeal bread, fresh fruit and water will be available daily



Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
OPTION 1	<i>Baked Honey Roast Ham Served with new potatoes & salad</i>	<i>Homemade Chicken Pie Served with green beans & sweetcorn</i>	<i>Roast Beef Served with a Yorkshire pudding, roast potatoes, seasonal vegetables & gravy</i>	<i>Breaded Fillet of Fish Served with chips and peas</i>	<i>Meatballs in Sauce with Pasta Twirls Served with a tossed salad</i>
OPTION 2 (Vegetarian)	<i>Homemade Quiche (v) Served with new potatoes and salad</i>	<i>Homemade Vegetable Pie (v) Served with green beans & sweetcorn</i>	<i>Quorn Chicken Fillet (v) Served with a Yorkshire pudding, roast potatoes, seasonal vegetables & gravy</i>	<i>Homemade Vegetable Tart Served with chips & peas (v)</i>	<i>Pasta Twirls with a Vegetable Sauce (v) Served with a tossed salad</i>
OPTION 3 (Baked Potatoes & Fresh Filled Baguettes)	<i>Baked Potato/Fresh Baguette Served with tuna /cheese/salad</i>	<i>Baked Potato/Fresh Baguette served with cheese/ baked beans/ Salad</i>	<i>Baked Potato/Fresh Baguette Served with cheese/coleslaw/ salad</i>	<i>Baked Potato/Fresh Baguette Served with cheese/tuna/ salad</i>	<i>Baked Potato/Fresh Baguette Served with cheese/baked beans/salad</i>
PUDDING OF THE DAY	<i>Fruit Yoghurt</i>	<i>Homemade Chocolate Flapjack</i>	<i>Butterscotch Mousse</i>	<i>Fruit Jelly</i>	<i>Homemade Carrot Cake</i>

Fresh mixed salad, fresh wholemeal bread, fresh fruit and water will be available daily



Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
OPTION 1	<i>Homemade Beef Burger Served in a bun with chipped potatoes & salad</i>	<i>Chicken Chow Mein Served with stir fried noodles and vegetables</i>	<i>Homemade Cottage Pie Served with seasonal vegetables & gravy</i>	<i>Chicken Supreme Served with rice & peas</i>	<i>Homemade Tuna & Pasta Bake Served with green beans or salad</i>
OPTION 2 (Vegetarian)	<i>Homemade Veggie Burger (v) Served in a bun with chipped potatoes & salad</i>	<i>Vegetable Chow Mein Served with stir fried noodles (v)</i>	<i>Homemade Vegetable & Quorn Cottage Pie Served with seasonal vegetables & gravy</i>	<i>Homemade Vegetable & Quorn Supreme (v) Served with rice & peas</i>	<i>Homemade Vegetable Pasta Bake Served with green beans or salad</i>
OPTION 3 (Baked Potatoes & Fresh Filled Baguettes)	<i>Baked Potato/Fresh Baguette Served with cheese/tuna/salad</i>	<i>Baked Potato/Fresh Baguette Served with egg/cheese/coleslaw/salad</i>	<i>Baked Potato/Fresh Baguette Served with cheese/coleslaw/salad</i>	<i>Baked Potato/Fresh Baguette Served with tuna/cheese/salad</i>	<i>Baked Potato/Fresh Baguette Served with Cheese/baked beans/Salad</i>
PUDDING OF THE DAY	<i>Fruit Yoghurt</i>	<i>Strawberry Mousse</i>	<i>A Selection of Cut Fruit</i>	<i>Homemade Victoria Sponge</i>	<i>Ice Cream</i>

Fresh mixed salad, fresh wholemeal bread, fresh fruit and water will be available daily